



Pray the Rosary  
with the  
National Council  
of  
Catholic Women

A collection of meditations to  
enhance your journey to Jesus  
through May

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BY THE SPIRITUALITY COMMISSION





## Hello and Welcome!

For several years, the National Council of Catholic Women has prayed the Rosary via conference call on the 13th of each month, in honor of Our Lady of Fatima. More recently, members of the Spirituality Commission have composed meditations for the Rosary calls, reflecting the seasons of the Church as well as the needs of the nation and the world.

This resource is a compilation of those meditations. While they were often composed for particular events, each set can be used by you, your family, and your local Council throughout the year. NCCW continues to hold monthly Rosary calls, and members are encouraged to call in. (See back page for contact details to get more information.)

Our Lady of the Rosary, pray for us.  
Our Lady of Fatima, pray for us.  
Our Lady of Good Counsel, pray for us.

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# MARY'S 15 PROMISES

## to All who Pray the Rosary

1. I promise my special protection and the greatest of graces.  
Those who shall persevere in the recitation of my rosary shall receive
2. some signal grace.  
The rosary shall be a very powerful armor against hell; it will destroy vice,
3. decrease sin, and defeat heresy.  
The rosary will cause virtue and good works to flourish, and will obtain for
4. souls the most abundant divine mercies; it will withdraw the hearts of men from the love of the world and its vanities, and will lift them to the desire of eternal things. Oh, that souls would sanctify themselves by this means!
5. Those who trust themselves to me through the rosary, shall not perish.
6. Whoever shall recite the rosary devoutly, applying [themselves] to the consideration of its sacred mysteries shall never be conquered by misfortune. God will not chastise [her] in His justice, [she] shall not perish by an unprovided death; if [she] be just [she] shall remain in the grace of God, and become worthy of eternal life.
7. Whoever shall have a true devotion for the rosary shall not die without the Sacraments of the Church.

*"Preach my Psalter...and you will obtain an abundant harvest."*

THE BLESSED VIRGIN MARY TO ST. DOMINIC

# MARY'S 15 PROMISES

## to All who Pray the Rosary

8. Those who are faithful to recite the rosary shall have during their life and at their death the light of God and the plenitude of His graces; at the moment of death they shall participate in the merits of the saints in paradise.
9. I will deliver very promptly from purgatory the souls devoted to my rosary.
10. The faithful children of my rosary shall merit a high degree of glory in heaven.
11. What you ask through my rosary, you shall obtain.
12. All those who propagate my rosary shall be aided by me in all their necessities.
13. I have obtained from my Divine Son that all the advocates of the rosary shall have for intercessors the entire celestial court during their life and at the hour of their death.
14. Those who recite my rosary faithfully are all my beloved children, the brothers and sisters of Jesus Christ.
15. Devotion to my rosary is a great sign of predestination.

*"Preach my Psalter...and you will obtain an abundant harvest."*

THE BLESSED VIRGIN MARY TO ST. DOMINIC

# QUOTES ABOUT The Rosary

Many great Saints and Popes have expressed encouragement to all the faithful to pray the Rosary...

"Say the Rosary every day to obtain peace for the world."

Our Lady of Fatima

"There is no surer means of calling down God's blessings upon the family . . . than the daily recitation of the Rosary."

Pope Pius XII

"..the Rosary is a priceless treasure inspired by God."

St. Louis de Montfort

"Go to the Madonna. Love her! Always say the Rosary. Say it well. Say it as often as you can! Be souls of prayer."

St. Padre Pio

"Each of these mysteries [of light] is a revelation of the Kingdom now present in the very person of Jesus."

St. Pope John Paul II, *Rosarium Virginis Mariae*, no. 21



# HOW TO

# Pray the Rosary

## Whether you already pray the Rosary regularly...

or are just deciding to add it to your daily devotions, we hope this resource will help you pray more deeply.

Traditionally, the mysteries correspond to particular days:

Sunday & Wednesday - Glorious

Monday & Saturday - Joyful

Tuesday & Friday - Sorrowful

Thursday - Luminous

Following this pattern is not required. You may have a particular need that connects to particular mysteries. Using this resource, you can also choose meditations for certain topics, such as for healing or for respect life issues.

Begin with the Sign of the Cross and pray the Apostle's Creed on the Crucifix.

On the first bead, pray one Our Father.

On each of the next three beads, pray one Hail Mary, "for an increase in the virtues of faith, hope, and charity."

Then, pray the Glory Be.

Then announce the first mystery and read the meditation, when available. On the large bead, pray one Our Father.

Pray one Hail Mary on each of the 10 small beads.

After those prayers, pray one Glory Be.

Announce the next mystery and repeat the process for all 5 decades, then pray the Hail Holy Queen.





# Prayers of the Rosary

## Apostles' Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ,

His only Son Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried.

He descended into Hell; the third day He rose again from the dead; He ascended into Heaven, and sits at the right hand of God, the Father almighty; from thence He shall come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

## Our Father

Our Father, Who art in Heaven, hallowed be Thy Name. Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation but deliver us from evil. Amen.

## Hail Mary

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

## Glory Be

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be world without end. Amen

## Hail Holy Queen

Hail Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy towards us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

# Prayers of the Rosary

Throughout the years, many adaptations have been made to the Rosary as the norm of a particular religious community or a local culture.

While the prayers on the previous page are essential to the Rosary, these prayers may or may not be included as is the custom of your Council.

## Fatima Prayer (Often prayed after the Glory Be)

Oh my Jesus, forgive us our sins. Save us from the fires of Hell. Lead all souls into heaven, especially those who are in most need of Thy mercy.

## Other Additions

Acclamations:

Most Sacred Heart of Jesus, have mercy on us.

Immaculate Heart of Mary, pray for us.

Pray 1 Our Father, 1 Hail Mary, and 1 Glory Be for the intentions of the Holy Father.

## Concluding Prayer (Often prayed after the Hail Holy Queen)

O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life. Grant, we beseech Thee, that while meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, that we may both imitate what they contain and obtain what they promise, through the same Christ, our Lord. Amen.

## Prayer to St. Michael

St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

## MEDITATIONS BY

# Theme & Mysteries

### JOYFUL

- A New Beginning
- For Our Lady
- For Health & Healing
- For Victims of Violence
- For Peace in the World & the Conversion of Sinners
- For Our Nation



### LUMINOUS

- For NCCW Leaders, Past Present & Future
- For Food & Harvest
- For an End to the Pandemic

## MEDITATIONS BY

# Mysteries of the Rosary

### SORROWFUL

- For the Spirit of Service
- For Inner Peace
- For Courage in Adversity
- Gratitude for Blessings
- For Elections



### GLORIOUS

- Feast of Our Lady of Fatima
- Honoring St. Joseph
- For Medical/First Responders
- For Food & End to Hunger
- Reflections on Fratelli Tutti
- Respect Life

# The Joyful Mysteries



# The Joyful Mysteries

## A New Beginning

### 1 The First Joyful Mystery : The Annunciation- The Fruit of the Mystery- Humility

*“And the angel said to her in reply, ‘The holy Spirit will come upon you, and the power of the Most High will overshadow you...for nothing will be impossible for God.’ Mary said, ‘Behold, I am the handmaid of the Lord. May it be done to me according to your word.’ Then the angel departed from her.”*  
[Luke 1:35, 37-38]

To start our lives anew, let us open ourselves to receive in faith the love God wishes to pour into our hearts. Then we too can become God’s living instruments of peace, hope, and charity because with God, nothing is impossible.

### 2 The Second Joyful Mystery: The Visitation - The Fruit of the Mystery- Love of Neighbor

*“During those days Mary set out and traveled to the hill country in haste to a town of Judah, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary’s greeting, the infant leaped in her womb.”* [Luke 1:39-41a]

In that one visit, Mary shows us faith, hope, and charity. Mary teaches us how to live selflessly. In what we say and in what we do, we are here to magnify the Lord through our daily living.

### 3 The Third Joyful Mystery: The Nativity - The Fruit of the Mystery- Poverty of Spirit, Detachment from Material Things

*“While [Mary and Joseph] were there, the time came for her to have her child, and she gave birth to her firstborn son. She wrapped him in swaddling clothes and laid him in a manger, because there was no room for them in the inn.”*  
[Luke 2: 6-7]

Through Mary and with Joseph’s protection, Jesus our Savior was born. Mary and Joseph shared this new life with all those seeking salvation. Embracing the infant Jesus in our hearts can renew our spirit for the sake of peace on earth with faith, hope, and merciful love.

## The Joyful Mysteries

### A New Beginning (cont.)

#### 4 The Fourth Joyful Mystery: The Presentation - The Fruit of the Mystery - Obedience

*“When the days were completed for their purification according to the law of Moses, [Mary and Joseph] took [Jesus] up to Jerusalem to present him to the Lord, just as it is written in the law of the Lord.” [Luke 2:22-23a]*

We learn from the Presentation that patience, prayer, faith, and obedience prepare us for the lives God wants us to lead and give us the dignity to live those lives without hesitation.

#### 5 The Fifth Joyful Mystery: Finding of the Child Jesus- The Fruit of the Mystery - Piety, Joy in Finding Jesus

*“After three days [Mary and Joseph] found him in the temple, sitting in the midst of the teachers, listening to them and asking them questions, and all who heard him were astounded at his understanding and his answers.”  
(Luke 2:46-47)*

For God to help us, we must let Our Lord into our lives so we can grow in wisdom and favor before Him. May God give us the grace to meet difficult challenges, anxieties, and losses with faith, hope, love, and trust. May our hearts never harden and may our lives be transformed with the love of God.



# The Joyful Mysteries

## For Our Lady

Hail Mary, poor and humble Woman, Blessed by the Most High! Virgin of hope, dawn of a new era, We join in your song of praise, to celebrate the Lord's mercy, to proclaim the coming of the Kingdom and the full liberation of humanity.

Hail Mary, lowly handmaid of the Lord, Glorious Mother of Christ! Faithful Virgin, holy dwelling-place of the Word, Teach us to persevere in listening to the Word, and to be docile to the voice of the Spirit, attentive to his promptings in the depths of our conscience and to his manifestations in the events of history.

Hail Mary, Woman of sorrows, Mother of the living! Virgin spouse beneath the Cross, the new Eve, Be our guide along the paths of the world. Teach us to experience and to spread the love of Christ, to stand with you before the innumerable crosses on which your Son is still crucified.

Hail Mary, woman of faith, First of the disciples! Virgin Mother of the Church, help us always to account for the hope that is in us, with trust in human goodness and the Father's love.

Teach us to build up the world beginning from within: in the depths of silence and prayer, in the joy of fraternal love, in the unique fruitfulness of the Cross.

Holy Mary, Mother of believers, Our Lady of Lourdes, pray for us. <sup>1</sup>

### 1 The First Joyful Mystery :

The Annunciation- The Fruit of the Mystery- Humility

*"Mary said, "Behold, I am the handmaid of the Lord. May it be done to me according to your word." [Luke 1:38]*

Most blessed handmaiden, You had your own plans and dreams. You could have declined when the angel approached you. But you chose to put your life into God's hands. How many times have I resisted putting myself into God's hands because I thought my plan was more important? How many times have I questioned the rightness of His plan? Hail Mary, beloved Mother, open my mind and heart to listen to God's call.

### 2 The Second Joyful Mystery:

The Visitation - The Fruit of the Mystery- Love of Neighbor

*"When Elizabeth heard Mary's greeting, the infant leaped in her womb, and Elizabeth, filled with the holy Spirit, cried out in a loud voice and said, "Most blessed are you among women, and blessed is the fruit of your womb." [Luke 1: 41-42]*

Blessed Mother, were you safely betrothed to St. Joseph when you visited St. Elizabeth? Or did her greeting open you to possible scorn? How gracious you were to her with your response. How full of grace you were when you glorified the Lord. How often am I ungracious when someone exposes me to the scrutiny of others? Beloved Mother, teach me to be gracious to everyone who comes into my life.



## The Joyful Mysteries For Our Lady (cont.)

### 3 The Third Joyful Mystery:

The Nativity - The Fruit of the Mystery- Poverty of Spirit, Detachment from Material Things

*“When the angels went away from them to heaven, the shepherds said to one another, “Let us go, then, to Bethlehem to see this thing that has taken place, which the Lord has made known to us.” So they went in haste and found Mary and Joseph, and the infant lying in the manger. When they saw this, they made known the message that had been told them about this child. All who heard it were amazed by what had been told them by the shepherds. And Mary kept all these things, reflecting on them in her heart.” (Luke 2: 15-19)*

Gracious Mother, you had just given birth to the Son of God in a cave and now strangers wanted to see your son. You welcomed them with a serene smile. Help me greet those who demand things from me with serenity and grace.

### 4 The Fourth Joyful Mystery:

The Presentation - The Fruit of the Mystery - Obedience

*“The child’s father and mother were amazed at what was said about him and Simeon blessed them and said to Mary his mother, “Behold, this child is destined for the fall and rise of many in Israel, and to be a sign that will be contradicted (and you yourself a sword will pierce) so that the thoughts of many hearts may be revealed.” (Luke 2: 33-35)*

Obedient Mother, was there a voice in your head that told you to take your baby son and flee when Simeon spoke? How often do I want to just turn around and hide from my responsibilities? Help me to be obedient to God’s call, no matter where I am and what I need to do.

## The Joyful Mysteries For Our Lady (cont.)

5

The Fifth Joyful Mystery:

Finding of the Child Jesus- The Fruit of the Mystery - Piety, Joy in Finding Jesus

*“And he said to them, ‘Why were you looking for me? Did you not know that I must be in my Father’s house?’ But they did not understand what he said to them. He went down with them and came to Nazareth, and was obedient to them; and his mother kept all these things in her heart.” (Luke 2: 49-51)*

Patient Mother, we know that Jesus was not a disobedient child. But you still had to provide guidance to him and then he had disappeared for three days; this child placed in your care by God, our heavenly Father.

My concerns in this world sometimes feel overwhelming. Open my heart to God’s guidance to understand what He needs me to do and the fortitude to finish what needs to be done.



## The Joyful Mysteries For Health & Healing

During this Rosary, pray before each Hail Mary, "We pray for health and healing of the people of \_\_\_\_\_ during this time of trial."

### 1 The First Joyful Mystery : The Annunciation- The Fruit of the Mystery- Humility

Most Holy Trinity: Our Father in Heaven, who chose Mary as the fairest of Your daughters; Holy Spirit, who chose Mary as Your Spouse; God the Son who chose Mary as Your Mother, in union with Mary we adore Your Majesty and acknowledge Your supreme, eternal dominion and authority.

*Mary, Immaculate Virgin, Our Mother, Patroness of our land, we praise you and honor you and give ourselves to you. Protect us from every harm. Pray for us, that acting always according to your will and the Will of your Divine Son, we may live and die pleasing to God. Amen. 2.*

### 2 The Second Joyful Mystery: The Visitation - The Fruit of the Mystery- Love of Neighbor

Mighty God, by whose grace Elizabeth rejoiced with Mary and greeted her as the mother of the Lord: look with favor on \_\_\_\_\_ that, with Mary, we may magnify your Holy Name and rejoice to acclaim her Son our Savior, who is alive and reigns with you, in the unity of the Holy Spirit, God, now and forever.

### 3 The Third Joyful Mystery: The Nativity - The Fruit of the Mystery- Poverty of Spirit, Detachment from Material Things

"For a child is born to us, a son is given to us; upon his shoulder dominion rests. They name him Wonder-Counselor, God-Hero, Father-Forever, Prince of Peace. (Isaiah 9:5)

Protect the \_\_\_\_\_ and Guide her leaders and citizens back to Your Grace.

## The Joyful Mysteries For Health & Healing (cont.)

The Fourth Joyful Mystery:

### 4 The Presentation - The Fruit of the Mystery - Obedience

Joseph and Mary took baby Jesus up to Jerusalem to present him to the Lord, according to the law of Moses. Laws and “rules” were not created by God to impose His will on mankind, or limit their freedom or enjoyment in life. God’s laws and rules do not limit our freedom, but enhance it. Please protect those who enforce your laws and rules both in \_\_\_\_\_and abroad. **3.**

The Fifth Joyful Mystery:

### 5 Finding of the Child Jesus- The Fruit of the Mystery - Piety, Joy in Finding Jesus

After three days of searching for Jesus, Mary and Joseph must have felt relief and deep joy when they finally found Him. Initially, they did not even know He wasn't in the caravan, as it was such a large, bustling crowd. How often do we get caught up in busyness and crowded thoughts, not even noticing Jesus? When we need to find Him again, may we look to His Church and Her Sacraments to find the true joy only God can give.



## The Joyful Mysteries For Victims of Violence

Opening Reflection: Sometimes it is difficult to ponder the Joyful Mysteries, especially in times of tragedy. It is with sadness that we remember the victims of violence, their families, their communities, first responders and law enforcement. Even so, St. Paul tells us to "Rejoice in the Lord always." We know these sad times will not last forever. In Mark 10:14 Jesus said, "Let the children come to me." May the children and adults who have died through senseless violence rest in God's peace. For those who survive, may they find healing and peace.

### 1 The First Joyful Mystery : The Annunciation- The Fruit of the Mystery- Humility

When we recall the angel appearing to Mary, telling her of her selection to be the Savior's Mother, we sit in awe of her ability to offer her fiat. There would be many joys and sorrows that accompanied that fiat. May we, in humility, accept the joys and the sorrows that we find in our lives.

### 2 The Second Joyful Mystery: The Visitation - The Fruit of the Mystery- Love of Neighbor

Just as Mary traveled immediately to minister to her cousin Elizabeth, may we show charity to those suffering the unspeakable pain of the loss of loved ones, whether through war, mass shootings, domestic violence or any other crime.

### 3 The Third Joyful Mystery: The Nativity - The Fruit of the Mystery- Poverty of Spirit, Detachment from Material Things

The Holy Family has three members. We pray for the strength of all families, no matter their size. We pray for extended family and community members to assist and minister to parents in this time of dire need.

## The Joyful Mysteries For Victims of Violence (cont.)

### 4 The Fourth Joyful Mystery: The Presentation - The Fruit of the Mystery - Obedience

In Luke 2:22-23, we hear the story of Simeon who had held the baby Jesus as his parents brought the Child, according to law, to the temple. May we acknowledge right from wrong and promote a respect for human life from conception to natural death.

### 5 The Fifth Joyful Mystery: Finding of the Child Jesus- The fruit of the Mystery - Piety, Joy in Finding Jesus

When tragedy strikes, many people have difficulty seeing Jesus in the midst of their pain, yet we know He is there. May our own lives, our prayer, and our ministry give witness to the joy we have known in finding Jesus in the good times and the bad.



## The Joyful Mysteries

### For Peace in the World & Conversion of Sinners

#### 1 The First Joyful Mystery : The Annunciation- The Fruit of the Mystery- Humility

The Angel Gabriel appeared to Mary to tell her she would be the Mother of the Son of God. Mary declared herself to be the handmaid of the Lord. An Angel also appeared to Joseph, telling him not to be afraid to accept Mary as his wife.

This was the beginning of the Holy Family, but it was a rocky and dangerous beginning—travel to Bethlehem in late pregnancy, birth in a cave that was a stable, later fleeing to Egypt to escape the wrath of Herod, returning much later to Nazareth where Jesus could grow up in relative safety and obscurity, and then just the day-to-day life in that small town. Mary and Joseph answered the call of the angel in spite of the difficulties and dangers they encountered.

Lord, we know that many families today are suffering from the stress for more than a year due to the pandemic, grief for family members who have died, loss of jobs and income. There are many families in which members are estranged from each other, sometimes for months and even many years. The pandemic has only heightened the sorrow and made it more difficult for families to reconcile. Your Mother, Our Lady of Fatima, asked us to pray for the renewal of Christian family life and peace in the world. May we take her message to heart, proclaim God's love for families, knowing that peace in our families can lead to peace in the world. Let us be true servants of the Lord, and may Our Lady of Fatima bless our work.

#### 2 The Second Joyful Mystery: The Visitation - The Fruit of the Mystery- Love of Neighbor

*“When Elizabeth heard Mary’s greeting, the infant leaped in her womb, and Elizabeth, filled with the Holy Spirit cried out in a loud voice and said, “Most blessed are you among women, and blessed is the fruit of your womb.”*  
(Luke 1:41-42)

The traditional greeting Our Lady would have given to St. Elizabeth would have been “Shalom” which means peace. We pray through the intervention of Mary, Our Mother, and St. Elizabeth that we too bring peace to those we meet.

## The Joyful Mysteries

### For Peace in the World & Conversion of Sinners (cont.)

#### 3 The Third Joyful Mystery:

The Nativity - The fruit of the Mystery- Poverty of Spirit, Detachment

In the days a decree went out from Caesar Augustus that all the world should be enrolled. This was the first enrollment, when Quirinius was governor of Syria. Joseph went from Galilee to Judea, to the city of David, which is called Bethlehem, because he was of the house and lineage of David, to be enrolled with Mary who was with child. While they were there, the time came for her to be delivered. She gave birth to her first born son and wrapped him in swaddling clothes, and laid him in a manger, because there was no place for them at the inn.

In that region there were shepherds out in the field keeping watch over their flock at night. An angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were filled with fear, but the angel said to them, "Be not afraid, for I bring good news of great joy." For to you is born this day in the city of David a savior, who is Christ the Lord. Glory to God in the highest. (Luke 2:1-14)

Jesus, you lovingly accepted poverty when you were placed in the manger in the stable, although You were our God and Redeemer; grant that I may have the spirit of poverty.

#### 4 The Fourth Joyful Mystery:

The Presentation - The Fruit of the Mystery - Obedience

*"When the days were completed for their purification according to the law of Moses, they took him up to Jerusalem to present him to the Lord, just as it is written in the law of the Lord."* (Luke 2: 22-23a)

Mary and Joseph's loving obedience is a sign that they trusted in God's promise of salvation. What's more, Simeon prophesies to Mary that she will experience sorrows as she follows her Son. The actions of Joseph and Mary teach us to always trust in our Lord's promises regardless. In our obedience, may we offer up whatever trials and tribulations we may face for the sake of peace and healing in our world.



## The Joyful Mysteries

### For Peace in the World & Conversion of Sinners (cont.)

5

The Fifth Joyful Mystery:

Finding of the Child Jesus- The Fruit of the Mystery - Piety, Joy in Finding Jesus

After three days, Mary and Joseph found young Jesus in the temple, sitting in the midst of the teachers, listening to them and asking them questions, and all who heard him were astounded at his understanding and his answers. His parents were astonished and Mary said: "Son, why have you done this to us? Your father and I have been looking for you with great anxiety."

(Luke 2:46-48)

In troubling and uncertain times, we may find it difficult to enter God's house to worship, to pray, to praise and to trust. As a result, we search—wandering through life—in hopes of discovering something better than what we have. Without our Lord to guide us, we will most likely feel lost.

Therefore, to grow in wisdom and favor before our Lord, we must seek our Lord where we know we will find him. "Why were you looking for me? Did you not know that I must be in my Father's house?" (Luke 2:49) At Mass, we are in our Father's house and we present ourselves to God. Are we opening the door to our heart and soul so that Christ can enter our lives to renew and replenish us with healing graces? Like Mary, by giving our consent, our souls can proclaim the greatness of our Lord. Our spirit can rejoice in God our Savior.

Mary, you were filled with sorrow at the loss of Jesus and overwhelmed with joy on finding Him surrounded by Teachers in the Temple; obtain for me the virtue of piety



# The Joyful Mysteries

## For Our Nation

Opening Prayer:

“We pray O God of might, wisdom and justice, through whom authority is rightly administered, laws are enacted, and judgment decreed, assist with your Holy Spirit of counsel and fortitude the president of these United States, that his administration may be conducted in righteousness and be eminently useful to your people over whom he presides; by encouraging due respect for virtue and religion; by a faithful execution of the laws in justice and mercy; and by restraining vice and immorality.” 4.

“Behold, how good and pleasant it is for brethren to dwell together in unity.”  
(PS. 133:1)

### 1 The First Joyful Mystery :

The Annunciation- The Fruit of the Mystery- Humility

Lord Jesus, Your Blessed Mother said “Yes” to God so that You could come into the world as our Savior to heal our wounds.

Our nation has many wounds and scars in our history—recent wounds still fresh in our minds. The scars from them will fade, but never go away. We must learn from history. As Pope Francis said in “*Fratelli Tutti*” : Words like democracy, freedom, justice, unity have been “bent and shaped to serve as tools for domination, as meaningless tags that can be used to justify any action.” 5.

May we open our hearts to You, and ask You to heal our wounds. May we resolve as a people and a nation, to live in unity of purpose which will guard and respect our freedoms.

### 2 The Second Joyful Mystery:

The Visitation - The Fruit of the Mystery- Love of Neighbor

Lord Jesus, when Your Blessed Mother visited and greeted her cousin Elizabeth, the baby in Elizabeth's womb leapt for joy.

May we respond to the Holy Spirit who calls us as a people to go forward with a greater sense of duty to preserve peace and harmony in our nation. May we respond with joy and faith in You that we will achieve those ends.

## The Joyful Mysteries For Our Nation (cont.)

### 3 The Third Joyful Mystery: The Nativity - The Fruit of the Mystery- Poverty of Spirit, Detachment from Material Things

Lord Jesus, Your birth heralded that you are the Way, the Truth, and the Life. While so many search for truths and a way of life through social media, Pope Francis tells us in *Fratelli Tutti*: “Digital connectivity is not enough to build bridges. It is not capable of uniting humanity.”<sup>6</sup> Pope Francis also warns that “there are huge economic interests operating in the digital world, capable of exercising forms of control as subtle as they are invasive, creating mechanisms for the manipulation of consciences and of the democratic process.”<sup>7</sup>

Lord, we pray that guided by the way of the Holy Spirit, we may use all forms of communication to proclaim the truth of God’s love and His desire for His people to live in peace together.

### 4 The Fourth Joyful Mystery: The Presentation - The Fruit of the Mystery - Obedience

*Lord Jesus, by their faithful obedience, Your Blessed Mother and St. Joseph presented You in the temple in Jerusalem in accordance with Jewish law when the days were completed for their purification.*

In “*Fratelli Tutti*”, Pope Francis states: “There is no end to the building of a country’s social peace; ‘rather it is an open-ended endeavor, a never-ending task that demands the commitment of everyone and challenges us to work tirelessly to build the unity of the nation’...Violent public demonstrations, on one side or the other, do not help in finding solutions.”<sup>8</sup>

*Lord, help us to present ourselves before You and others as Your faithful and obedient followers, that we may bring peace, hope and love to our country.*

## The Joyful Mysteries For Our Nation (cont.)

### 5 The Fifth Joyful Mystery: Finding of the Child Jesus- The Fruit of the Mystery - Piety, Joy in Finding Jesus

Lord Jesus, Your Mother and St. Joseph searched for you for three days with great anxiety.

As we search for You in our life here on earth, may we know that there will be, in accordance with the Father's will, a new Heaven and a new Earth, where all of us will live in unity. Let us reflect on 2020 and recent events and keep in mind the words of Pope Francis in Fratelli Tutti: "If only we might rediscover once for all that we need one another, and that in this way our human family can experience a rebirth, with all its faces, all its hands and all its voices,..." 9.

May Our Lady of Good Counsel, Patroness of the National Council of Catholic Women, guide and bless us in all that we do.



# The Luminous Mysteries



## The Luminous Mysteries

### For NCCW Leaders, past, present, & future

We pray in Thanksgiving for women who were, who are, and who will be leaders in the National Council of Catholic Women.

Sign of the Cross

Apostles' Creed

Our Father

For Faith, as shown in the first women who followed the Bishops' decree and formed the National Council of Catholic Women. *Hail Mary...*

For Hope, as shown in the women who continued the Council through troubling times. *Hail Mary...*

For Charity, as shown in every member of the National Council of Catholic Women as they serve the Church and their communities. *Hail Mary...*

We pray for all the members of the NCCW, present, past and future in Washington DC *Glory Be... Fatima Prayer.*

#### 1 The First Luminous Mystery :

The Baptism of the Lord- The Fruit of the Mystery- Openness to the Holy Spirit

And a voice came from the heavens saying, "This is my beloved Son, with whom I am well pleased." (Matthew 3:17)

We pray for the intercession of Our Lady of Good Counsel, that our actions as members of NCCW in the past, the present and the future, might find favor with Our Heavenly Father, as we support His Church. *Our Father...*

We pray for the members of the NCCW, present, past and future in the state of \_\_\_\_\_. (Repeat for each state)

AL, AK, AZ, AR, CA, CO, CT, DE, FL, GA *Hail Mary...*

We pray for all the members of the NCCW, present, past and future. *Glory Be... Fatima Prayer*

# The Luminous Mysteries

## For NCCW Leaders, past, present, & future

The Second Luminous Mystery:

2

The Wedding at Cana - The Fruit of the Mystery- To Jesus through Mary

[And] Jesus said to her, "Woman how does your concern affect me? My hour has not yet come." (John 2:4)

We are grateful to all the women who have come before us who did not turn away when Our Lady called them to be leaders in the NCCW and in the Catholic Church. *Our Father...*

We pray for the members of the NCCW, present, past and future in the state of \_\_\_\_\_. (Repeat for each state)

HI, ID, IL, IN, IA, KS, KT, LA, ME, MD *Hail Mary...*

We pray for all the members of the NCCW, present, past and future. *Glory Be... Fatima Prayer*

The Third Luminous Mystery:

3

The Proclamation of the Kingdom - The Fruit of the Mystery- Repentance, Trust in God

You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket; it is set on a lampstand, where it gives light to all in the house. Just so, your light must shine before others, that they may see your good deeds and glorify your Heavenly Father. (Mt 5: 14-16)

We give thanks for those women, present, past and future, who will hear the Word of God and let their light shine forth guiding the NCCW and the Catholic Church. *Our Father...*

We pray for the members of the NCCW, present, past and future in the state of \_\_\_\_\_. (repeat for each state)

MA, MI, MN, MS, MO, MT, NE, NV, NH, NJ *Hail Mary...*

We pray for all the members of the NCCW, present, past and future. *Glory Be... Fatima Prayer*

# The Luminous Mysteries

## For NCCW Leaders, past, present, & future (cont.)

4

The Fourth Luminous Mystery:

The Transfiguration - The Fruit of the Mystery - Desire for Holiness

Then from the cloud came a voice that said, "This is my chosen Son; listen to him."(Luke 9:35)

We are grateful for all the women of the NCCW who have heard and believed; gently guiding generation after generation in the beliefs of the Catholic Church.

*Our Father...*

We pray for the members of the NCCW, present, past and future in the state of \_\_\_\_\_. (repeat for each state)

NM, NY, NC, ND, OH, OK, OR, PA, RI, SC *Hail Mary...*

We pray for all the members of the NCCW, present, past and future. *Glory Be... Fatima Prayer*

The Fifth Luminous Mystery:

5

The Institution of the Eucharist- The Fruit of the Mystery - Eucharistic Adoration

While they were eating, he took bread, said the blessing, broke it, and gave it to them, and said, "Take it; this is my body."(Mark 14: 22)

We, the members of the NCCW, past, present and future, give thanks to our Spiritual Advisors, who give us strength in the form of Our Lord in the Holy Eucharist. *Our Father...*

We pray for the members of the NCCW, present, past and future in the state of \_\_\_\_\_. (repeat for each state)

SD, TN, TX, UT, VT, VA, WA, WV, WI, WY *Hail Mary...*

We pray for all the members of the NCCW, present, past and future. *Glory Be...Fatima Prayer*

Hail Holy Queen

Final Prayer



## The Luminous Mysteries For Food and Harvest

We pray in thanksgiving for God's green earth: those that work the land, those that prepare the food, families that enjoy a meal, and all the products the earth has to offer. Let us pray for those working during Covid-19: for family members and friends who can't be together, and for all loved ones taken from those during this pandemic, may their souls rest in peace.

### 1 The First Luminous Mystery : The Baptism of the Lord- The Fruit of the Mystery- Openness to the Holy Spirit

May we thank our Heavenly Father for the beautiful earth that provides His children with bountiful natural resources to sustain life. From land, sea, and sky we must carefully use those earthly gifts to sustain and protect our earth.

### 2 The Second Luminous Mystery: The Wedding at Cana - The Fruit of the Mystery- To Jesus through Mary

May we recognize and thank those who labor on this earth, those that harvest the crops, transport the products, and prepare and sell the harvest. Let technology only be used when it lessens the work and produces richer results that lead to more abundance for the good of others.

### 3 The Third Luminous Mystery: The Proclamation of the Kingdom - The Fruit of the Mystery- Repentance, Trust in God

May we respect and provide fair wages for an honest day's work. May no laborer be exploited, and may we always remember each worker may have a family to provide for. Let us keep their families in our thoughts, care, and give our support and help when needed.

## The Luminous Mysteries For Food and Harvest (cont.)

### 4 The Fourth Luminous Mystery: The Transfiguration - The Fruit of the Mystery - Desire for Holiness

Many communities utilize knowledge and products of the harvest to help our neighbors through community gardens, food pantries, meals for the homebound and homeless, and other ways. May we strive to live simply, share our blessings, and take time to enjoy the earth and its beautiful natural resources.

### 5 The Fifth Luminous Mystery: The Institution of the Eucharist- The Fruit of the Mystery - Eucharistic Adoration

May we set time daily to enjoy a meal together during which we express thanks to our Heavenly Father for all the blessings that have been given us. May we pray for one another and for those who struggle daily to have the basics of life. As the food nourishes our bodies, may we always prepare ourselves to enjoy the heavenly banquet of our Lord in the Eucharist that nourishes our soul.



## The Luminous Mysteries For an End to the Pandemic

As our nation continues to struggle with the pandemic, we lift up the needs of those deeply impacted and pray for God to bring an end to this deadly virus.

**1** The First Luminous Mystery :  
The Baptism of the Lord- The Fruit of the Mystery- Openness to the Holy Spirit

We pray for those afflicted with Covid-19 and those recovering from its harmful effects, that they be cleansed physically and spiritually from their suffering.

**2** The Second Luminous Mystery:  
The Wedding at Cana - The Fruit of the Mystery- To Jesus through Mary

We pray for those who serve the sick among us: the medical professionals, caregivers, and support staff in hospitals and clinics who have worked long hours in service of us, that they would be protected from the virus and from fatigue and burnout.

**3** The Third Luminous Mystery:  
The Proclamation of the Kingdom - The Fruit of the Mystery- Repentance, Trust in God

We pray for people in positions of making policies, whether in government, schools, or business, that they create policies that truly serve the common good while respecting religious liberty. We pray also for people's hearts and minds be open to the learned advice that is offered to help us move beyond the pandemic.

## The Luminous Mysteries For an End to the Pandemic (cont.)

### 4 The Fourth Luminous Mystery: The Transfiguration - The Fruit of the Mystery - Desire for Holiness

We pray for the moving of hearts and minds to be transfigured by the Presence of Christ, to help others in their time of need, and to share the Light of Christ with those suffering in darkness.

### 5 The Fifth Luminous Mystery: The Institution of the Eucharist- The fruit of the Mystery - Eucharistic Adoration

We pray for the faithful departed who have died during this pandemic, knowing they were fed at the table of the Lord, we are grateful for the promise of eternal life for them with Christ! We pray also for those who are separated from the Church in any way, that the Divine Mercy of Jesus would cleanse all stain of sin so that these souls could rest in peace.



# The Sorrowful Mysteries



## The Sorrowful Mysteries For the Spirit of Service

Opening Prayer:

Heavenly Father, grant that we who meditate on the Passion and Death of Your Son Jesus Christ may imitate in our lives His love and self-giving to You and to others. We ask this through Christ our Lord.

The First Sorrowful Mystery :

**1** The Agony in the Garden- The Fruit of the Mystery- Contrition, Conformity to the Will of God

Most dear Jesus, filled with sorrow and covered with the sweat of blood while praying in the garden and then delivered into the hands of the wicked by a kiss, bound like a robber, and abandoned by Your disciples.

Renewer of hearts, surrounded by fear and anxiety, I take refuge in You. Be my companion as I walk unfamiliar paths. Speak words of healing and forgiveness as I strive to be faithful.

**2** The Second Sorrowful Mystery:

The Scourging at the Pillar - The Fruit of the Mystery- Purity, Mortification

Most dear Jesus, condemned to death by an unjust council, taken as an evildoer before Pilate, ridiculed by the wicked Herod, publicly shorn of your garments, and most cruelly scourged.

God our guide, keep me attentive to Your voice. Lead me to Your paths - passionate and daring. Guide me in Your goodness and teach me Your ways.

## The Sorrowful Mysteries For the Spirit of Service (cont.)

### 3 The Third Sorrowful Mystery: The Crowning with Thorns - The Fruit of the Mystery- Moral Courage

Most dear Jesus, crowned with thorns, beaten and blindfolded, clothed in rich purple and mocked. You were likened to the infamous Barabbas, rejected by Your people, and unjustly sentenced to death.

God of peace, Your voice is powerful and full of majesty, but my heart is fragile right now. Speak to me in the glory of gentle strength and bring to my heart your peace.

### 4 The Fourth Sorrowful Mystery: The Carrying of the Cross - The Fruit of the Mystery - Patience

Most dear Jesus, burdened with the weight of the cross and led to the place of execution like a lamb to the slaughter, reckoned with the wicked, blasphemed, and derided. You were given a gall to drink to mitigate your pain.

Awesome God, I take my place in Your amazing world. Hold me in Your hand with the magnificence of all You have made. How majestic are You, O Lord our God.

### 5 The Fifth Sorrowful Mystery: The Crucifixion- The fruit of the Mystery - Salvation, Self-Denial

Most dear Jesus, dying on the cross in the presence of Mary, Your Beloved Mother, pierced with a lance that drew water and blood from Your side. You were taken down and placed in the arms of Your Sorrowful Mother. My Jesus, I thank You for dying on the cross for my sins. Have mercy on us, O Lord.

May God be gracious and bless us. May I live this day in such a way that others are more joyful, more gentle, and kinder because we have shared a moment together.

## The Sorrowful Mysteries

### For Inner Peace

Opening Prayer:

The inner peace you provide, Almighty Lord, is unruffled and fearless, resting on a firm foundation of faith in you. It's a gift you left to your followers- including me-based on conditions of health and wealth and situation. Your peace is rock solid in every circumstance, good or bad. Please hold me in that gift of peace today and always. Amen

#### 1 The First Sorrowful Mystery : The Agony in the Garden- The Fruit of the Mystery- Contrition, Conformity to the Will of God

*He then left to make His way as usual to the Mount of Olives, with the disciples following. When they reached the place He said to them, "Pray not to be put to the test." Then He withdrew from them, about a stone's throw away, and knelt down and prayed, "Father," He said, "if you are willing, take this cup away from me. Nevertheless, let Your will be done, not mine" [Luke 22:39-44].*

God of peace, your voice is powerful and full of majesty, but my heart is fragile right now. Speak to me in the glory of gentle strength. Speak to me, and bring to my heart your peace.

#### 2 The Second Sorrowful Mystery: The Scourging at the Pillar - The Fruit of the Mystery- Purity, Mortification

*At festival time Pilate used to release a prisoner for them, anyone they asked for. A man named Barabbas was in prison and had committed murder and when Pilate asked, "Do you want me to release for you the King of the Jews?" They shouted back, "Crucify Him!" So Pilate released Barabbas for them and having Jesus to be scourged, handed Him over to be crucified. (Matthew 27: 15-26)*

God, my ever-present help, I call on you. My world seems to be falling apart and I can no longer manage it all on my own. Let this time of distress teach me that I am not meant to carry it alone. Teach me to rely on your strength.



## The Sorrowful Mysteries For Inner Peace (cont.)

### 3 The Third Sorrowful Mystery: The Crowning with Thorns - The Fruit of the Mystery- Moral Courage

*The soldiers led Him away to the inner part of the palace, that is, the Praetorium, and they called the whole cohort together. They dressed Him up in purple, twisted some thorns into a crown and put it on Him. And they began saluting Him, "Hail, King of the Jews!" They struck His head with a reed and spat on Him; and when they finished making fun of Him, they took off the purple and dressed Him in His own clothes. (Mark 15:16-20)*

Healing God, I am filled with deep pain and brokenness. Bring my weary sighing back to life with your healing touch. Heal me so that I may be a channel of your compassion to others.

### 4 The Fourth Sorrowful Mystery: The Carrying of the Cross - The Fruit of the Mystery - Patience

As they were leading Him away they seized on a man, Simon from Cyrene, who was coming in from the country, and made him shoulder the cross and carry it behind Jesus. Large numbers of people followed Him, and of women, too, who mourned and lamented for Him. But Jesus turned to them and said, "Daughters of Jerusalem, do not weep for me; weep rather for yourselves and for your children." (Luke 23:26-28)

God of comfort, I yearn for the touch of kindness in the harshness of this world. I yearn for a voice of connection in the ache of this loneliness. I yearn for the promised joy of morning in the nighttime of tears. I yearn for you.



## The Sorrowful Mysteries For Inner Peace (cont.)

### 5 The Fifth Sorrowful Mystery: The Crucifixion- The Fruit of the Mystery - Salvation, Self-Denial

When they reached the place called the Skull, they crucified Him there with the two criminals also, one on the right, the other on the left. Jesus said, "Father, forgive them; they do not know what they are doing." Then they cast lots to share out His clothing. It was now about the sixth hour and, with the sun eclipsed, a darkness came over the whole land until the ninth hour and when Jesus cried out in a loud voice, He said, Father, into Your hands I commit my spirit." With these words He breathed His last. (Luke 23:33-46)

Gentle God, receive my tired spirit. Anoint my weary body. Look upon my valiant efforts to care for others with tenderness and bring them to fruition. I entrust my work, my loved ones, my world to you alone.



# The Sorrowful Mysteries

## For Courage in Adversity

- 1 The First Sorrowful Mystery :  
The Agony in the Garden- The Fruit of the Mystery- Contrition, Conformity to the Will of God

In the Garden of Gethsemane, Jesus the man was frightened and yet he remained steady in his faithfulness to His Father's will. We also see the weakness of his disciples who ultimately dispersed in fear when Christ was unjustly arrested. Each one of us knows the meaning of despair especially when we face a calamity beyond our control. We feel powerless. Do we run away from our Lord like the disciples or do we pray for an increase in faith, hope, and charity to unite with Jesus as we face our pain and suffering? Heavenly Mother, in our hour of darkness, help us to turn to Our Lord and accept His will in our suffering.

- 2 The Second Sorrowful Mystery:  
The Scourging at the Pillar - The Fruit of the Mystery- Purity, Mortification

The scorn, the scourging, the great pain and suffering, Christ endured it all and He responded with faith, hope, and merciful love. We are called to do the same. In the dark night of our soul, we will be tested and tried. How we handle life's adversities, tragedies, and feelings of guilt is the choice we will all face. If we choose not to follow Christ's example, we risk closing ourselves off from God and all the love He has to offer. In this Season of \_\_\_\_\_, may faith, hope and love guide us and give us the grace and dignity of Christ to forgive those who persecute us and those we love.

- 3 The Third Sorrowful Mystery:  
The Crowning with Thorns - The fruit of the Mystery- Moral Courage

With the crown of thorns digging into His scalp, Christ was mocked, struck repeatedly, and suffered deeply the pains and sins of the world. To behold Jesus in His suffering is to realize He endured it all out of love for us and for the sake of our salvation. To alleviate His suffering and ours, we must listen to Our Lord and do whatever He tells us. Let us pray for the courage to alleviate the suffering of Our Lord and of those who face the pain of hopelessness.

## The Sorrowful Mysteries For Courage in Adversity (cont.)

### 4 The Fourth Sorrowful Mystery: The Carrying of the Cross - The Fruit of the Mystery - Patience

Each one of us will face the cross. Each one of us has burdens to bear—illness, loss of a loved one, tragic events, abuse, bullying, addictions, and uncontrollable circumstances. In unity with Christ, these burdens—no matter how large—will not defeat us. What’s more, with Christ we have the ability to look beyond our own trials and use our suffering to help others in need. By sharing the grace of mercy, we discover consolation and dignity when all else is bleak. Let us pray for the fortitude to look beyond our own troubles to help those in greater need than ourselves and when our troubles overwhelm us, let us pray to have faith and trust in the Lord’s loving mercy.

### 5 The Fifth Sorrowful Mystery: The Crucifixion- The Fruit of the Mystery - Salvation, Self-Denial

From His cross, Christ gave us mercy when He said, “Father, forgive them, they know not what they do.” He gave us hope when He said to the repentant criminal “today you will be with me in Paradise.” He gave us love when He gave us Mary to be our Mother, and He gave us faith when He said: “Father, into your hands I commend my spirit.” We are asked to do the same—to respond to life’s adversities with faith, hope, and merciful love. We really do not know what we are fully capable of doing until we give ourselves up to God. May each of us be given the strength to lay down our life as we know it to stand with dignity, perseverance, and fortitude in face of fear, distrust and evil; and may we meet every challenge with faith, hope, and love to make our lives and our world a better place.

## The Sorrowful Mysteries

### In Gratitude for Blessings

In the month of November, we take time to reflect with gratitude on our many blessings and we pray especially for those who are less fortunate. Let us pray this November Rosary with our thoughts of “being thankful” and may we find ways of sharing our blessings in our communities. The month of November is also traditionally the month we especially remember and pray for the souls in Purgatory.

#### 1 The First Sorrowful Mystery : The Agony in the Garden- The Fruit of the Mystery- Contrition, Conformity to the Will of God

We are blessed with many things to help sustain our lives here on earth, especially the bountiful harvest of food this earth provides and those who prepare the means for us to receive it. Let us thank our Heavenly Father for our blessings and by God's will, let us pray for and share our blessings with those who suffer alone in their hunger and thirst. May they be fulfilled with God's love and strength.

#### 2 The Second Sorrowful Mystery: The Scourging at the Pillar - The Fruit of the Mystery- Purity, Mortification

We are created in the image and likeness of Our Heavenly Father; a human form whose body performs functions in unison with a brain not fully understood. We are blessed with the ability to function in life without a second thought. May our intentions always be pure. Let us give thanks to God and let us use our actions carefully and selflessly as we pray to support those challenged daily by disabilities or illness so that they may be lovingly cared for and healed from their suffering.

## The Sorrowful Mysteries In Gratitude for Blessings (cont.)

### 3 The Third Sorrowful Mystery: The Crowning with Thorns - The Fruit of the Mystery- Moral Courage

We were given the gift of intelligence to provide for basic needs such as shelter with the talents to design many types of dwellings in many different locations. Let us always praise the gifts of our abilities and talents to use them wisely and resourcefully within our earthly home our Heavenly Father created for us. May we pray for those who are homeless or had homes destroyed by storms and wildfires. May their courage and hope be restored by the love and kindness from the help of others.

### 4 The Fourth Sorrowful Mystery: The Carrying of the Cross - The Fruit of the Mystery - Patience

Each of us is unique and gifted with many abilities. We were “called by name” from our Heavenly Father for a purpose on this earthly home. May we always be thankful and wise enough to share our skills. Let us faithfully and patiently fulfill whatever purpose we have on this earth always with kindness and love. May we pray for those impacted by a lack of good education and limited community resources; may they have the patience to find God's inspiration in their struggles to give them strength to shine and lead to benefit our communities with God-given gifts and blessings.

### 5 The Fifth Sorrowful Mystery: The Crucifixion- The Fruit of the Mystery - Salvation, Self-Denial

May we always be thankful and grow in faith to always have God first in our lives. May we accept and offer up our struggles and hardships; let us care for others as we take up our crosses as Jesus did, working to enter the gates of Heaven to spend an eternity of love in Heaven. All suffering, pain and sadness will be no more.

## The Sorrowful Mysteries For Elections

### 1 The First Sorrowful Mystery : The Agony in the Garden- The Fruit of the Mystery- Contrition, Conformity to the Will of God

*“So, first of all, let me assert my firm belief that the only thing we have to fear is... fear itself, nameless, unreasoning, unjustified terror which paralyzes needed efforts to convert retreat into advance. In every dark hour of our national life a leadership of frankness and of vigor has met with that understanding and support of the people themselves which is essential to victory. And I am convinced that you will again give that support to leadership in these critical days.”<sup>10</sup>*

Lord Jesus, in the Garden of Gethsemane, you prayed, “My Father, if it is possible, let this cup pass from me; yet not as I will but as you will.” (Matthew 26:39) Our country is experiencing terrible fears—fears from the pandemic, loss of jobs and income, social and racial tensions, and deep political divisions. Lord, help all of us to face and overcome our fears.

### 2 The Second Sorrowful Mystery: The Scourging at the Pillar - The Fruit of the Mystery- Purity, Mortification

*“We seek peace, knowing that peace is the climate of freedom. And now, as in no other age, we seek it because we have been warned, by the power of modern weapons, that peace may be the only climate possible for life itself.” <sup>11</sup>*

Lord Jesus, you were scourged at the pillar, suffering a brutal beating at the hands of the Roman soldiers. So many of our citizens of all persuasions, ethnic and racial backgrounds have suffered from violence in our cities, our streets, and neighborhoods. We ask for your help Lord, to help all citizens and people of good will to end these violent acts so that peace and freedom prevail.

## The Sorrowful Mysteries For Elections (cont.)

The Third Sorrowful Mystery:

3 The Crowning with Thorns - The fruit of the Mystery- Moral Courage

*“The American dream endures. We must once again have full faith in our country—and in one another. I believe America can be better. We can become stronger than before. Let our recent mistakes bring a resurgent commitment to the basic principles of our Nation, for we know that if we despise our own government, we have no future. We recall in special times when we have stood briefly, but magnificently united. In these times no prize was beyond our grasp. Our commitment to human rights must be absolute, our laws fair, our natural beauty preserved: the powerful must not persecute the weak, and human dignity must be enhanced.”<sup>12</sup>*

Lord Jesus, the Roman soldiers jammed a crown of thorns onto your head, mocking you with “Hail, King of the Jews.” Yet, even in your beaten and bloody state, you were still a model of dignity and forbearance. May we imitate you even when we are reviled and scorned because of our faith, which requires us to speak out against evil and injustice, admit our failures and shortcomings, and resolve to never commit these sins again.

The Fourth Sorrowful Mystery:

4 The Carrying of the Cross - The Fruit of the Mystery - Patience

*“Let us not despair, but act. Let us not seek the Republican answer or the Democratic answer, but the right answer. Let us not seek to fix the blame for the past. Let us accept our own responsibility for the future.”<sup>13</sup>*

Lord Jesus, you bore the weight of our sins when you carried the cross to your execution. The cross we bear in this election year is heavy for all of our citizens. We are faced with difficult choices to make in electing our leaders at the national, state, and local levels. Many candidates will not satisfy us with their positions on issues that are important to us, and we may have to decide the better choice for the long run rather than the short term. Help us, Lord, to make the right decision, and guide our leaders no matter the party, to make the right decisions for our country.



## The Sorrowful Mysteries For Elections (cont.)

### 5 The Fifth Sorrowful Mystery: The Crucifixion- The Fruit of the Mystery - Salvation, Self-Denial

*“America is never wholly herself unless she is engaged in high moral principles. We as a people have such a purpose today. It is to make kinder the face of the Nation and gentler the face of the world. My friends, we have work to do...We will turn to the only resource we have that in times of need always grows: the goodness and the courage of the American people. For our problems are large, but our heart is larger. Our challenges are great, but our will is greater. And if our flaws are endless, God's love is truly boundless.”<sup>14</sup>*

Lord Jesus, “Crucifixion” does not and cannot, begin to express the terrible penalty you endured to redeem us from our sins. Crucifixion is quite probably the most dreadful torture ever devised by man—the pain, humiliation and death by suffocation is too much for most of us to even think about. Yet, you willingly gave your total self out of your great love for us. For you, as for us, death was and is not the end, but a beginning and our lives are changed, not ended. May 2020 be a year for rebirth and change of all kinds in the United States of America—may we conquer the coronavirus, end injustice and prejudice, and overcome our economic and social disparities. May we always seek your guidance and blessings and may your Blessed Mother intercede for us.



# The Glorious Mysteries



## The Glorious Mysteries

### Our Lady of Fatima (2020)

#### 1 The First Glorious Mystery : The Resurrection- The Fruit of the Mystery- Faith

The Resurrection of Christ is the fulfillment of promises made by God; it is a confirmation of Christ's works and teachings, and Christ opens for us the pathway to a new life. To help us on that pathway, Christ gives us Mary, His Blessed Mother. On May 13, 1917, Our Lady appeared before three shepherd children in Fatima. Through that apparition, Mary calls on us to pray the Rosary each day to obtain peace in our world.

*Blessed Mother, with the help of your intercession through the Holy Rosary, may we always remain faithful to God's will, participate in Jesus' redemptive work, and follow the promptings of the Holy Spirit.*

#### 2 The Second Glorious Mystery: The Ascension - The Fruit of the Mystery- Hope, Desire for Heaven

With Christ's Ascension into Heaven, our Lord prepares a place for each of us in His Father's kingdom, giving us hope of eternal life. *"And when I am lifted up from the earth, I will draw everyone to myself," said Jesus. (John 12:32)* Our Lady told the children they would go to Heaven, but Mary called Francisco to pray many Rosaries. Mary also asked the children, "Do you wish to offer yourselves to God to endure all the sufferings that He may be pleased to send you, as both an act of reparation for the sins with which He is offended and an act of supplication for the conversion of sinners?"

*Heavenly Mother, give us the courage to offer ourselves to God as an act of reparation and for the conversion of sinners so that we may all enter the Kingdom of Heaven.*

#### 3 The Third Glorious Mystery: The Descent of the Holy Spirit - The fruit of the Mystery- Wisdom, Love of God

On the day of Pentecost, the Holy Trinity is fully revealed - God the Father, the Son, and the Holy Spirit. As the Father sent the Son into the world for our salvation, the Son pours out the Holy Spirit which comes from the Father - all for the sake of love. Upon saying to the children, "the grace of God will be your comfort," Mary emitted an intense light upon them, reaching the innermost part of their souls and making them see themselves in God.

Like the children of Fatima, may each of us be driven by heavenly inspiration as we say, "Oh Most Holy Trinity, I adore Thee! My God, my God, I love Thee in the Most Blessed Sacrament."

## The Glorious Mysteries

### Our Lady of Fatima (2020 cont.)

- 4 The Fourth Glorious Mystery:  
The Assumption of Mary into Heaven - The Fruit of the Mystery - Devotion to Mary

Our Blessed Mother's Assumption into Heaven signifies the desire God has for all of us - to join Him body and soul in Heaven for all eternity. According to Lucia, after Mary spoke to her, Francisco and Jacinta, our Lady "immediately began to rise serenely toward the east until she disappeared far into the distance. The light that surrounded her was, so to speak, opening her way through the starry firmament."

With the help of our Blessed Mother's intercession, may we embrace our God-given responsibility to share our faith, our hope, and our love with one another through our joys, our works, and even in our sorrows.

- 5 The Fifth Glorious Mystery:  
The Coronation of the Blessed Virgin Mary - The Fruit of the Mystery - Eternal Happiness

Mary is Queen of Heaven and earth, and mother to us all, our Lady shares in her Son's work of redemption. Intercessor, comforter, and helper as well as our life, our sweetness, and our hope, Mary takes on these roles to help us reach our salvation. Like the children of Fatima, Mary will not abandon us in our life's journey toward Heaven.

*Blessed Mother, may the grace of God's loving mercy be with us always as we work to alleviate the suffering in our world.*



## The Glorious Mysteries

### Honoring St. Joseph

#### 1 The First Glorious Mystery : The Resurrection- The Fruit of the Mystery- Faith

At first, the disciples did not recognize the risen Lord in their midst. “Blessed are those who have not seen and have believed,” says the Lord. [John 20: 29] Faith is God’s gift to each of us. Faith opens our hearts and minds to believing in the things of God that are known, but we cannot see. Faith guided St. Joseph all the days of his life. With his faith, Joseph loved, cared for and protected Mary and Jesus. May St. Joseph be our role model as we rely on our faith in the risen Lord.

#### 2 The Second Glorious Mystery: The Ascension - The Fruit of the Mystery- Hope, Desire for Heaven

Christ ascended into Heaven. He took His seat at the right hand of God. Our Savior prepares a place for each of us, giving us hope for eternal life. St. Joseph also gives us hope. He provided a home and loving protection for Jesus so He could grow and carry out God’s plan to prepare the way for our salvation. May St. Joseph protect us in our homes and throughout our lives so that we too can be prepared to enter the Kingdom of Heaven.

#### 3 The Third Glorious Mystery: The Descent of the Holy Spirit - The Fruit of the Mystery- Wisdom, Love of God

Like the early disciples, we are called to be filled with the Holy Spirit—the gift of God’s love and our advocate to be with us always. When Joseph was called to be the spouse of Mary and earthly father to Jesus, he needed all seven gifts of the Holy Spirit—knowledge, understanding, counsel, fortitude, piety, fear of the Lord, and wisdom. May St. Joseph pray that the Holy Spirit pour out these gifts to each of us.

## The Glorious Mysteries

### Honoring St. Joseph (cont.)

- 4 The Fourth Glorious Mystery:  
The Assumption of Mary into Heaven - The Fruit of the Mystery - Devotion to Mary

Mary was raised body and soul into Heaven. God's call to Mary is the same desire God has for each of us—to join Him body and soul in Heaven. St. Joseph is the patron and protector of a happy death, therefore let us pray to him to protect our way to heaven.

- 5 The Fifth Glorious Mystery:  
The Coronation of the Blessed Virgin Mary - The Fruit of the Mystery - Eternal Happiness

The Father, Son, and Holy Spirit crown Our Lady as Queen of Heaven and Earth. When we pray for Mary's intercession, she is able to obtain for us through Jesus all that we need for our salvation. Devoted to Mary, St. Joseph stimulates us to love, serve, and imitate our Blessed Mother. With the intercession of St. Joseph, may we draw closer to Mary who draws us closer to our Savior.



# The Glorious Mysteries

## For Medical Personnel & First Responders

### 1 The First Glorious Mystery : The Resurrection- The Fruit of the Mystery- Faith

Matthew 28: 5-6 - *"Then the angel said to the women in reply, "Do not be afraid! I know that you are seeking Jesus the crucified. He is not here, for he has been raised just as he said. Come and see the place where he lay."*

Lord, please bless and keep the men and women who seek us when we are hurt or dying. They are called EMTs or paramedics, grant them the ability to give emergency care, with skillful hands, knowledgeable minds, and tender loving care.

### 2 The Second Glorious Mystery: The Ascension - The Fruit of the Mystery- Hope, Desire for Heaven

Acts 1: 10-11 - *"While they were looking intently at the sky as he was going, suddenly two men dressed in white garments stood beside them. They said, "Men of Galilee, why are you standing there looking at the sky? This Jesus who has been taken up from you into heaven will return in the same way as you have seen him going into heaven."*

Pope Saint John Paul II meditated on this passage and stated "Christianity isn't stargazing - it's serving, praying and acting in this world. Lord, bless our doctors who apply themselves to the duties of their profession. Support them in the great labors that their actions may benefit humankind.

### 3 The Third Glorious Mystery: The Descent of the Holy Spirit - The Fruit of the Mystery- Wisdom, Love of God

Acts 2: 2-4 - *"And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim."*

From the Catechism of the Catholic Church; The fruit of the Spirit:...love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control." Is this not the embodiment of a nurse. Lord, bless our nurses and strengthen in them the gifts of the Holy Spirit as they carry out their vocation <sup>15.</sup>

# The Glorious Mysteries

## For Medical Personnel & First Responders (cont.)

- 4 The Fourth Glorious Mystery:  
The Assumption of Mary into Heaven - The Fruit of the Mystery - Devotion to Mary

Revelation 12:1, 13-14 – “A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars. ... When the dragon [the rebellious angel, the devil] saw that it had been thrown down to the earth, it pursued the woman who had given birth to the male child. But the woman was given the two wings of the great eagle so that she could fly to her place in the desert, where, far from the serpent, she was taken care of.”

Lord, bless those who labor day and night to find a cure for the diseases which plague your people. Give them the tools and keep them safe as they combat that which would cause us harm.

The Fifth Glorious Mystery:

- 5 The Coronation of the Blessed Virgin Mary - The Fruit of the Mystery - Eternal Happiness

“As the queen who reigns in the glory of God’s Kingdom, Mary remains close to us at every step of our earthly pilgrimage, supporting us in our trials and sharing with us the life and love of Jesus her Son” (Pope Saint John Paul II, June 1997).

Lord, bless all medical personnel. Support and keep them safe. Relieve their stress. Comfort them in their sorrow. Grant them continued joy in their vocation.





# The Glorious Mysteries

## For the Hungry & those who Provide Food

### 1 The First Glorious Mystery : The Resurrection- The Fruit of the Mystery- Faith

The Resurrection is new, restored life. We hunger for a change in our lives. Jesus' resurrected body was changed—He walked, talked, and ate as before, but He appeared and disappeared. The disciples on the road to Emmaus didn't recognize Him until He broke bread. Our prayer is that Jesus dwell in us and transform our lives in this world to prepare us for the world to come.

### 2 The Second Glorious Mystery: The Ascension - The Fruit of the Mystery- Hope, Desire for Heaven

The Ascension—we hear the expressions “rise up” or “rise above”. Often these phrases encourage us to strive for better things, to not sink into petty gossip or behaviors. We pray that Jesus will help us to seek the things that are above. We ask ourselves what would He say or do, always remembering to be humble and not look down on people, particularly those who are less fortunate than ourselves.

### 3 The Third Glorious Mystery: The Descent of the Holy Spirit - The Fruit of the Mystery- Wisdom, Love of God

The Holy Spirit was sent to aid the apostles in spreading the Good News. Jesus told them the Paraclete would help them remember His teachings and lead them into the fullness of truth. With the Word of God, we ask the Holy Spirit to feed our souls and help us accept the truth about our desires, our wants versus our needs, and what God wants for us.

### 4 The Fourth Glorious Mystery: The Assumption of Mary into Heaven - The Fruit of the Mystery - Devotion to Mary

The Blessed Mother was taken up into Heaven. As we get older we begin to think about Heaven. The hymn “Gather Us In” says, “We are the young, our lives are a mystery, we are the old who yearn for your face”. In this yearning or hunger for the life to come, let us acknowledge our failures honestly, but keep our hearts and minds focused on being with the Lord and the loved ones who have gone before us. We know we will understand everything fully when we meet Jesus face to face.

## The Glorious Mysteries

### For the Hungry & those who Provide Food (cont.)

The Fifth Glorious Mystery:

#### 5 The Coronation of the Blessed Virgin Mary - The Fruit of the Mystery - Eternal Happiness

Mary, the sinless Mother, was crowned Queen of Heaven and Earth. In his second letter to Timothy, St. Paul wrote, "From now on the crown of righteousness awaits me, which the Lord, the just judge, will award to me on that day, and not only to me, but to all who have longed for His appearance." Let us pray that we also will receive our crown as a reward for seeking the Kingdom of God first and His righteousness, for our openness to His guidance in our lives, for satisfying our hunger for Him (2Timothy 4:8).

Optional closing meditation: As we go forward and give thanks to the Lord, we remember all those who work to satisfy physical hunger: the farmers, the agricultural workers, those doing research for sustainable crops, those who work in kitchens for the homeless and the hungry, and for those organizations which provide food to the hungry in other lands. May Our Lady of Good Counsel bless and guide us all.



# The Glorious Mysteries:

## Reflections on *Fratelli Tutti*

### 1 The First Glorious Mystery : The Resurrection- The Fruit of the Mystery- Faith

*"No one is beyond the scope of our Lord's universal love."*<sup>16</sup>

The Resurrection of Christ is the fulfillment of promises made by God; it is a confirmation of all Christ's works and teachings; and Christ opens for us the pathway to a new life. Choosing our Lord's path, we are never alone. Christ promised - confirmed by His Resurrection - to be with us always, giving us His Body, Blood, Soul, and Divinity.

### 2 The Second Glorious Mystery: The Ascension - The Fruit of the Mystery- Hope, Desire for Heaven

Our Lord gives us hope. We have a *"longing for a life of fulfillment, a desire to achieve great things, things that fill our heart and lift our spirit to lofty realities like truth, goodness and beauty, justice and love."*<sup>17</sup>.

"Jesus' final apparition ends with the irreversible entry of his humanity into divine glory, symbolized by the cloud and by heaven, where he is seated from that time forward at God's right hand."<sup>18</sup> Christ was raised up on a cross for our sins and following His resurrection, he was raised to Heaven for our salvation. The Lord said, "And when I am lifted up from the earth, I will draw everyone to myself." (John 12:32)

### 3 The Third Glorious Mystery: The Descent of the Holy Spirit - The Fruit of the Mystery- Wisdom, Love of God

*"love shatters the chains that keep us isolated and separate; in their place, it builds bridges."*<sup>19</sup>.

On the day of Pentecost, the Holy Trinity is fully revealed - God the Father, the Son, and the Holy Spirit. As the Father sent the Son into the world for our salvation, the Son pours out the Holy Spirit which comes from the Father - all for the sake of love. This glorious gift of love is ours for the keeping and for the sharing, as children of God.

## The Glorious Mysteries

### Reflections on *Fratelli Tutti* (cont.)

#### 4 The Fourth Glorious Mystery:

The Assumption of Mary into Heaven - The Fruit of the Mystery - Devotion to Mary

*"a kind person appears and is willing to set everything else aside in order to show interest, to give the gift of a smile, to speak a kind word of encouragement, to listen amid general indifference."*<sup>20</sup>.

"When the course of her earthly life was finished, [Mary] was taken up body and soul into heavenly glory..."<sup>21</sup> Our Blessed Mother's assumption into Heaven signifies the desire God has for all of us - to join Him, body and soul in Heaven for all eternity. United with the Holy Trinity, we can be raised in holiness on earth and ultimately into the Kingdom of heaven.

#### 5 The Fifth Glorious Mystery:

The Coronation of the Blessed Virgin Mary - The Fruit of the Mystery - Eternal Happiness

*"In the power of the risen Lord,[Mary] wants to give birth to a new world, where we are all brothers and sisters."*<sup>22</sup>.

*"A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars." (Rev. 12:1)*

Queen of Heaven and earth, Mary shares in the work of her beloved Son Christ the King for the sake of our redemption. With the help of our Blessed Mother's intercession, may we embrace Christ's mission by sharing our faith, hope, and love with family, friend, foe, and stranger.



# The Glorious Mysteries

## Respect Life

Opening prayer: We pray to change the hearts and minds of those who would willfully destroy the sanctity and dignity of human life.

### 1 The First Glorious Mystery :

The Resurrection- The Fruit of the Mystery- Faith

*"Why do you seek the living one among the dead?" [Jesus] is not here, but he has been raised." (Luke 24: 5, 6)*

The Resurrection of Jesus is the fulfillment of promises made by God; and Christ opens for us the pathway to a new life. Before his Ascension, Christ opened the minds of his disciples to understand the Scriptures. And the Scriptures tell us that life is a sacred gift from God. Dear Lord: "You formed my inmost being; you knit me in my mother's womb. I praise you, because I am wonderfully made; wonderful are your works!" (Psalm 139: 13, 14)

### 2 The Second Glorious Mystery:

The Ascension - The Fruit of the Mystery- Hope, Desire for Heaven

*"So then the Lord Jesus, after he spoke to [his disciples], was taken up into heaven and took his seat at the right hand of God." (Mark 16: 19)*

Because life is sacred, Jesus came into the world through Mary, our Blessed Mother, to unite with us by way of the Holy Spirit so that we may join God our Father in Heaven. In keeping with his promises at the Last Supper, Christ prepares a place for each of us in His Father's Kingdom, giving us the hope of eternal life. "And when I am lifted up from the earth, I will draw everyone to myself," said the Lord. (John 12: 32)

### 3 The Third Glorious Mystery:

The Descent of the Holy Spirit - The Fruit of the Mystery- Wisdom, Love of God

*"Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim." [Acts 2: 3, 4]*

Like the first disciples of Christ, we have a mission in life and our Lord does not send us out alone. As the Father sent the Son into the world for our salvation, the Son pours out the Holy Spirit which comes from the Father—all for the sake of love. This Glorious gift of love is ours for the keeping and for sharing with one another. May we use our gifts and fruits of the Holy Spirit to protect the unborn and help parents who struggle to keep their families together.

## The Glorious Mysteries

### Respect Life (cont.)

- 4 The Fourth Glorious Mystery:  
The Assumption of Mary into Heaven - The Fruit of the Mystery - Devotion to Mary

Free from all sin, "when the course of her earthly life was finished, [Mary] was taken up body and soul into heavenly glory...<sup>23</sup>. Our Blessed Mother's assumption into Heaven signifies the desire God has for all of us - to join Him, body and soul in Heaven for all eternity. How we live our lives on earth will determine our eternal destination. With Mary as our role model, may our lives faithfully reflect, respect, and protect the dignity and sanctity of human life.

- 5 The Fifth Glorious Mystery:  
The Coronation of the Blessed Virgin Mary - The Fruit of the Mystery - Eternal Happiness

"A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars." (Rev. 12:1)

Mary shares in her Son's work of our redemption. Intercessor, comforter, helper as well as our life, our sweetness, and our hope, Mary takes on these roles to help us in our daily living and in our choices. With Mary's intercession, may we choose to partake in Christ's mission of loving mercy, giving comfort and hope, especially with ones who feel alone and hopeless. In this world are matters of life and death, may we choose life.



# Special Rosary Series



## Rosary for Peace & Healing: Joyful Mysteries

### Loss of a Child

The following meditations were composed for the purpose of comforting all who are victims of bullying and harassment, mourning the loss of a child, or the death of a loved one by suicide.

*Blessed Loving and Peaceful Mother, please intercede for us as we ask you to pray for our children who are harmed at school and elsewhere, for all who have lost a child prior to birth, at birth, by an accident or illness, and all who are dealing with the effects of death by suicide. Blessed mother, love us, protect us, and help in our times of sorrow and pain and grant us healing. All this we ask through your risen Son, Jesus our Lord, Amen.*

Opening Prayer: Lord, although the grief of losing my child is overwhelming, Open my heart to receive comfort from those who offer caring of any kind; Lord, come to my assistance in helping other family members to heal. Let me remember the specialness of my loved one. Grant me the grace to receive God's comfort, love, healing, and peace; Give me the ability to pray although I may be angry with You. Open my heart to the aid of the Holy Spirit. And always help me to remember Mary's agony at the foot of the cross and that I am not alone. Amen.

Apostle's Creed, Our Father, 3 Hail Mary's, Glory Be

**1** The First Joyful Mystery :  
The Annunciation- The Fruit of the Mystery- Humility

Dear Lord, grant me the grace that I may humbly accept God's will in my life.

**2** The Second Joyful Mystery:  
The Visitation - The Fruit of the Mystery- Love of Neighbor

Dear Lord, grant me the grace to find refuge in the comforting words of others.



## Rosary for Peace & Healing: Joyful Mysteries Loss of a Child (cont.)

3 The Third Joyful Mystery:  
The Nativity - The Fruit of the Mystery- Poverty of Spirit, Detachment

Dear Lord, grant me the grace that my pain may be lessened by witnessing to others.

4 The Fourth Joyful Mystery:  
The Presentation - The Fruit of the Mystery - Obedience

Dear Lord, grant me the grace to be faithful to You in spite of my tremendous loss.

5 The Fifth Joyful Mystery:  
Finding of the Child Jesus- The Fruit of the Mystery - Piety, Joy in Finding Jesus

Dear Lord, grant me the grace to seek You and place my sorrow in Your Sacred Heart.

Hail Holy Queen

Closing Prayer:

Heavenly Father, I have come to you in prayer looking for peace, healing, and understanding at the loss of my child. I know in my heart that my child is with you in heaven. I ask that you watch over my child and continue to bless me as I long for the day that we will meet again. I ask all of this through your Son, Jesus.

Amen.



## Rosary for Peace & Healing: Sorrowful Mysteries For Victims of Bullying & Harassment

Opening Prayer:

O Lord, just as Your Passion and Crucifixion were demoralizing and humiliating, so also are the evil actions of bullying for the victims and the victimizers. Your Son exemplified true love and mercy from the cross as He uttered, "Father forgive them for they know not what they do." With hope, we pray these words will now bring the love and mercy of healing forgiveness to those suffering from bullying. Amen.

**1** The First Sorrowful Mystery :  
The Agony in the Garden- The Fruit of the Mystery- Contrition, Conformity to the Will of God

Dear Lord, grant me the grace to trust in You even when I'm faced with overwhelming and frightening circumstances.

**2** The Second Sorrowful Mystery:  
The Scourging at the Pillar - The Fruit of the Mystery- Purity, Mortification

Dear Lord, grant me the grace and courage to keep my thoughts, words, and actions pure so as to always glorify Your name.

**3** The Third Sorrowful Mystery:  
The Crowning with Thorns - The Fruit of the Mystery- Moral Courage

Dear Lord, grant me the grace to have the fortitude, to be friendly, kind, helpful, compassionate, and to show respect to others during adversity.

## Rosary for Peace & Healing: Sorrowful Mysteries For Victims of Bullying & Harassment (cont.)

### 4 The Fourth Sorrowful Mystery: The Carrying of the Cross - The Fruit of the Mystery - Patience

Dear Lord, grant me the grace to pray for perseverance, love, and gratitude for the sacrifice You made for all your children.

### 5 The Fifth Sorrowful Mystery: The Crucifixion- The Fruit of the Mystery - Salvation, Self-Denial

Dear Lord, grant me the grace to prayerfully intercede on others' behalf that their evil acts be lovingly forgiven just as Your Son prayed for His persecutors from the cross.

Hail Holy Queen

Closing Prayer:

Lord Jesus, You endured unbelievable pain, humiliation, and bullying at Your Crucifixion, yet You forgave those who inflicted these on You. Lord, help those who are victims of bullying and harassment to forgive their perpetrators and find peace, comfort, and healing from You. We also ask You to heal the bullies and put a spirit of contrition and repentance in their hearts. Help them resolve to never commit these terrible actions again. We ask this in Your Holy Name. Amen.



## Rosary for Peace & Healing: Glorious Mysteries

### Death by Suicide

Opening Prayer: Heavenly Father, you know that grieving for a loved one is complicated when death is unexpected by suicide. Death deprives us of his or her presence, and we had no time to say goodbye. Oh, Good Shepherd, in the midst of grief and darkness, we hear Your voice. Be at our side, heal and nourish us. You alone can lead us through the dark valley of grief and into the green pastures of hope. Amen.

1

The First Glorious Mystery :

The Resurrection- The Fruit of the Mystery- Faith

*"Why do you seek the living one among the dead?" [Jesus] is not here, but he has been raised." [Luke 24: 5, 6]*

The Resurrection of Jesus is the fulfillment of promises made by God; and Christ opens for us the pathway to a new life. Before his Ascension, Christ opened the minds of his disciples to understand the Scriptures. And the Scriptures tell us that life is a sacred gift from God. Dear Lord: "You formed my inmost being; you knit me in my mother's womb. I praise you, because I am wonderfully made; wonderful are your works!" [Psalm 139: 13, 14]

2

The Second Glorious Mystery:

The Ascension - The Fruit of the Mystery- Hope, Desire for Heaven

God our Father, lift up those who grieve, for You are our hope and we trust in the fullness of Your love and mercy.

3

The Third Glorious Mystery:

The Descent of the Holy Spirit - The Fruit of the Mystery- Wisdom, Love of God

Eternal God may Your abundant love and comfort embrace all who are in mourning.

## Rosary for Peace & Healing: Glorious Mysteries Death by Suicide (cont.)

**4** The Fourth Glorious Mystery:  
The Assumption of Mary into Heaven - The Fruit of the Mystery - Devotion to Mary

When they see no future and life seems empty, send them the grace and strength to regenerate that special bond for you.

**5** The Fifth Glorious Mystery:  
The Coronation of the Blessed Virgin Mary - The Fruit of the Mystery - Eternal Happiness

Blessed Mother, we trust that you were with our loved one at the hour of death and brought him/her home. We ask through your intercession that we may be comforted in our grief and uplifted in our trust that we may be more like you in our faith.

Hail Holy Queen

Closing Prayer: Help us Dear Mary and pray that Your Son grants those who grieve for someone who died by suicide hope and joy in Him. For all those that suffer loss, may they find comfort and peace in Jesus who is forever with us in glory in the Kingdom of Heaven. Amen.



## Rosary for Peace & Healing: Luminous Mysteries Bullying, Loss of a Child, Death by Suicide

*Blessed Loving and Peaceful Mother, please intercede for us as we ask you to pray for our children who are harmed at school and elsewhere, for all who have lost a child prior to birth, at birth, by an accident or illness, and all who are dealing with the effects of death by suicide. Blessed mother, love us, protect us, and help in our times of sorrow and pain and grant us healing. All this we ask through your risen Son, Jesus our Lord, Amen.*



Apostles Creed, Our Father, 3 Hail Mary's, Glory Be

- 1** The First Luminous Mystery :  
The Baptism of the Lord- The Fruit of the Mystery- Openness to the Holy Spirit

Dear Lord, grant me the grace to find the strength to touch the world again.

- 2** The Second Luminous Mystery:  
The Wedding at Cana - The Fruit of the Mystery- To Jesus through Mary

Dear Lord, grant me the grace to imitate Mary in her grief and to rely on her powerful intercession.

- 3** The Third Luminous Mystery:  
The Proclamation of the Kingdom - The Fruit of the Mystery- Repentance, Trust in God

Dear Lord, grant the grace of true contrition for me and for those who have hurt others with bullying words and actions.

Everyone repent, for the Kingdome of God is at hand! God, we trust in you.

## Rosary for Peace & Healing: Luminous Mysteries Bullying, Loss of a Child, Death by Suicide (cont.)

### 4 The Fourth Luminous Mystery: The Transfiguration - The Fruit of the Mystery - Desire for Holiness

O Lord, with the help of your grace, let me desire to exemplify holiness when comforting the sorrowful.

### 5 The Fifth Luminous Mystery: The Institution of the Eucharist- The Fruit of the Mystery - Eucharistic Adoration

Dear Lord, grant us the grace to look to the Eucharist for spiritual strength to endure life's challenges.

Hail Holy Queen

Closing Prayer: Dear Lord, our deepest desire is to see You, to know Your presence, especially in the darkest hours of grieving losses from suicide, the death of a child, and the horrific destruction of bullying and harassment. Please grant us the insight to unite our sufferings with yours and your Blessed Mother-our Mother - the grace to be comforted in her embrace and Your presence with our loved one and the consolation of Your presence within. Amen.



# The Sorrowful Mysteries Against Satanic Influences

In February 2022, a group known as "The Satanic Temple" held a three-day conference in Arizona, promoting their ideology under the guise of multiculturalism. As women of faith, we knew we needed to pray as a unified Council against this false religion, which sadly attracts many people who are confused or angry about the true faith. Our regularly scheduled Rosary on Sunday the 13th was supplemented by Rosaries on Friday the 11th (Sorrowful) and Saturday the 12th (Joyful) though without additional reflections. Each day ended with the Prayer to St. Michael the Archangel. While the event happened months ago, we encourage everyone to pray throughout the year against satanic influence in our society.

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## Opening Reflection

Heavenly Father, we come to You with heavy hearts. Men and women have gathered in Arizona to blaspheme the Most Holy Trinity and Holy Mother Church. The members of "The Satanic Temple" promote evil in the form of abortion, promiscuity, and self-love. They deny Your existence, Your power, Your sovereignty. With this 3-day event, they plan to bring other lost souls into their darkened world. We know, dear Lord, that it is these sins that put You on the path to Calvary. We know it is our own sins that also led You to the Cross, our sins of complacency and apathy. Have mercy for the times we did not speak up for what is good and right and holy. Strengthen us to turn away from our own sin so that others may see your love in our words and deeds.

- 1 The First Sorrowful Mystery :  
The Agony in the Garden- The Fruit of the Mystery- Contrition, Conformity to the Will of God
- 2 The Second Sorrowful Mystery:  
The Scourging at the Pillar - The Fruit of the Mystery- Purity, Mortification
- 3 The Third Sorrowful Mystery:  
The Crowning with Thorns - The Fruit of the Mystery- Moral Courage
- 4 The Fourth Sorrowful Mystery:  
The Carrying of the Cross - The Fruit of the Mystery - Patience
- 5 The Fifth Sorrowful Mystery:  
The Crucifixion- The Fruit of the Mystery - Salvation, Self-Denial



## The Joyful Mysteries Against Satanic Influences

Heavenly Father, despite the evil that attempts to corrupt our culture and many precious souls, we know we have cause for joy! You chose to become like us in all things except sin. You chose to take on human flesh and live among us. You chose this out of love; a love so immense we cannot begin to grasp it. Help us to reach out to the people in our own lives who have wandered from the Church. Guide us in reaching out to young families, so they are not tempted by after-school indoctrination in the occult. Give us the words to speak the truth in love. May our lives reflect true gospel values, true JOY, so that when people see us, they see You.

- 1 The First Joyful Mystery :  
The Annunciation- The Fruit of the Mystery- Humility
- 2 The Second Joyful Mystery:  
The Visitation - The Fruit of the Mystery- Love of Neighbor
- 3 The Third Joyful Mystery:  
The Nativity - The Fruit of the Mystery- Poverty of Spirit, Detachment
- 4 The Fourth Joyful Mystery:  
The Presentation - The Fruit of the Mystery - Obedience
- 5 The Fifth Joyful Mystery:  
Finding of the Child Jesus- The Fruit of the Mystery - Piety, Joy in Finding Jesus



## The Glorious Mysteries Against Satanic Influences

Heavenly Father, as we gather on this Sunday, we rejoice in Your Glory! We know this earth is only a temporary home, and that You are preparing a place for us to live eternally! Today, we expand our prayers, uniting them with wonderful Saints of Holy Mother Church, many whose feast days we recall this month. We are grateful for their courage, their fidelity, and their great love for our Lord Jesus and our Blessed Mother. We know that, with them at our side, we will see evil stomped out and goodness flourish! Yet, let us not grow complacent, for the enemy will attempt to destroy after this satanic event is concluded. Protect us from weariness and gird us with strength. May we live out our baptismal promises to reject Satan and all his works every day of our lives!

### 1 The First Glorious Mystery : The Resurrection- The Fruit of the Mystery- Faith

St. Josephine Bakhita, patron Saint of human trafficking survivors, discovered her faith in You and forgave those who sold her into slavery. This is the power of the Resurrection! May those who have left the Church rediscover the faith of their childhood. May those who have never heard Your Holy Name spoken in reverence have their hearts and minds opened and receptive, as St. Josephine was. Spark in us a missionary spirit that shares the truth of our faith so that people no longer walk in darkness.

### 2 The Second Glorious Mystery: The Ascension - The Fruit of the Mystery- Hope, Desire for Heaven

Often people who are involved in the occult have no belief in heaven, let alone any desire for it. Help us to point the way to a life that leads to heaven. Give us words to help people see that to know and love and serve You is our greatest purpose. Like St. Gabriel of Our Lady of Sorrows, keep us mindful of poor souls, praying them into heaven.

### 3 The Third Glorious Mystery: The Descent of the Holy Spirit - The Fruit of the Mystery- Wisdom, Love of God

Dear Lord, we pray for an outpouring of the Holy Spirit upon all of Scottsdale today! We want the community to know Your love, and to not be discouraged by this event. May all the faithful feel the spark of the Spirit and grow in love of You so they can help in the conversion of souls. As St. Valentine sent so many letters from jail to encourage others of Jesus' love, many we send letters, make phone calls, and visit the needy and lost in our own lives.

## The Glorious Mysteries Against Satanic Influences (cont.)

### 4 The Fourth Glorious Mystery: The Assumption of Mary into Heaven - The Fruit of the Mystery - Devotion to Mary

Lord, we love You and Your Mother Mary. Not only was she the first tabernacle, but she pondered all things about her Son in her heart, giving us an example of great faith. We remembered Our Lady of Lourdes just two days ago, but the message she gave to St. Bernadette is important for us every day. Mary is the Immaculate Conception. Help us to have a heart devoted to her more and more each day.

### 5 The Fifth Glorious Mystery: The Coronation of the Blessed Virgin Mary - The Fruit of the Mystery - Eternal Happiness

As members of the Body of Christ, receiving sacramental grace through the years, we enjoy the promise of eternal life, eternal happiness. We will worship You, Lord, with angels and Saints! We long to be embraced by Mary our Mother! Sadly, the people who attended the satanic convention do not realize that they are in jeopardy of eternal damnation. Save them, O Lord! We know that Mary will crush the head of Satan, as foretold in the Book of Genesis. We pray for the radical conversion of souls before that day comes. And we pray for lukewarm Catholics to be renewed in faith, and to never walk away from Holy Mother Church. Our Lady of Good Counsel, Our Lady Queen of Heaven, pray for us!



# Additional Notes

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## *Our Mission*

The National Council of Catholic Women acts through its members to support, empower and educate all Catholic women in spirituality, leadership, and service. NCCW programs respond with Gospel values to the needs of the Church and society in the modern world.



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